ALLERGENS INFORMATION





Breakfast - To Start

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Corn Flakes		√												
Weetabix		V												
Crunchy Nut Corn Flakes		V								V	V			
Special K		√					V							
Pan Au Chocolate		\checkmark					V			$\sqrt{}$				
Croissant		√					V			V				
Danish Pastry		V					√			√			1	
Porridge/ Scottish Oats		V					√							
Fruit Platter Natural Yoghurt & Berry Puree							V							
Melon Platter Natural Yoghurt & Berry Puree							V							
Continental Meat & Cheese Platter							V							



Breakfast - To Follow (Full Scottish Breakfast Only/Aw' Day Full Scottish Breakfast)

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Steak Slice Sausage		√											1	V
Ayrshire Bacon														√
West Calder Black Pudding		√												
Potato Scone		√		√		$\sqrt{}$	√			V			$\sqrt{}$	
Scotch Pancake		√		V			V							
Perth Mushroom														
Grilled Tomato														
Baked Beans														
Poached Egg				$\sqrt{}$										
Scrambled Egg				√			√							
Fried Egg				√										



Breakfast - To Follow

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Grilled Scottish Kippers				√	V		√							
Smoked Salmon & Scrambled Eggs				$\sqrt{}$	√		√							
Eggs Benedict with Ayrshire Bacon		√		V			V							V
Eggs Benedict with Salmon				√	V		√							
Eggs Benedict with Mushroom				√			√							



Desserts

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Homemade Sticky Toffee Pudding		٧		√			√			V		V		V
Lime Cheesecake		$\sqrt{}$					√			$\sqrt{}$				V
Perthshire Strawberries & Cream		V					√			√				
Mango & Passionfruit Panna Cotta		٧		√			√							V
Western House Baked Alaska		٧		√			√			V				
Homemade Cinnamon Doughnuts		٧		V			√			V			V	
Perthshire Strawberry Shortbread Mille Fois		٧					V			V			V	V
Dark Chocolate Gannache Pot				√			V							٧
Assiette of Fine Cheeses	√	٧					√							٧



Main Course, The Grill & Favourites

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Pan Fried Tender Loin of Scottish Lamb	√	V		V			V		7				V	√
Breast of Chicken with Crispy Ayrshire Bacon	V	V		√		√	√		V	√		V	√	V
6oz Scotch Fillet of Beef		V					V		√					
Ayrshire Pork Holstein	√	V		V			V		V					V
Trio of Scottish Seafood	√	V	V	√	√	√	√		V	√		V	V	V
Buccleuch 28 Day Dry Aged Scotch Rib Eye 8oz	V													

	Celery	Cereals	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur
		Containing Gluten										Seeds		Dioxide
Buccleuch 28 Day Dry Aged Scotch Sirloin 8oz	V													
Free Range Chicken Escalope	$\sqrt{}$													
The Western House Beef Burger	V	V		V		V	V		V	V		V	V	1
Goujons of Sole Fillet with Hand Cut Chips	V	V		V	√		√							√
Beer Battered Haddock with Hand Cut Chips	√	√		√	V		√							V
Three Egg Omelette				$\sqrt{}$										
Classic Caesar Salad	√	V	V	√	V		V		V					√
Nicoise with Yellow Fin Tuna	V			V	V		V		V					



Sauces

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Peppercorn Sauce							1							
Béarnaise Sauce				V			√							
Hollandaise Sauce				V			√							
Red Wine Jus	√													
Blue Cheese Sauce				√			√							



Starters

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Sauté Woodland Mushroom with truffle Butter		V					V							
Chicken Liver Parfait with Red Onion Chutney		V					V						√	V
Slow Roast Barbary Duck Croquette	V	V		$\sqrt{}$			√		V					√
Cucumber & Mint Cheesecake		V		$\sqrt{}$			√			\checkmark				$\sqrt{}$
Ayrshire Potato & Leek Soup	V													√
Scottish Hot Smoked Salmon & Prawn Cocktail	V	1	1	V	V	V	V		1				V	1

	Celery	Cereals	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphyr
		Containing Gluten										Seeds		Dioxide
Vegetable Tempura		√					V							
Chicken Breast Tempura		V					1							
King Prawn Tempura		√	√				V							
Warm Oriental Spiced Chicken		V		√			V		√					V



Vegetarian & Sides

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Roast Cherry Tomatoes & Basil Tagliatelle	√	V		1			√		V					
Seared Halloumi	1	$\sqrt{}$		1		1	√ 		$\sqrt{}$				$\sqrt{}$	
Stuffed Perth Mushrooms		√		V			V							
French Fried Onion Rings		V												
Hand Cut Chips														
Rocket & Parmesan Salad														
Melange of Seasonal Vegetables	V						V							
Buttered Mashed Potatoes	1						V							
Ayrshire Bacon & Pea Croquettes	1	V		V			1							V



Room Service Desserts

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Homemade Sticky Toffee Pudding		V		√			√			√		V		√
Assiette of Desserts		$\sqrt{}$		$\sqrt{}$			$\sqrt{}$			$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$
Trio of Fine Scottish Cheeses with Chutney & Oatcakes	√	V					√							V

Jockey Club Restaurant Allergens Chart

Room Service Night Time Menu

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	esame Seeds	Soya	Sulphur Dioxide
Barbeque Pork Ribs	√			√			√		V				√	
Cheeseburger in a Muffin		√		1			1		$\sqrt{}$				1	√
Thai Curry & Sticky Rice	√			V			V		$\sqrt{}$	V	√	√	√	√



Room Service Sandwiches

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Scottish Smoked Salmon & Prawn Marie Rose		V	V		√		V		V					
Honey Roast Ham & Dijon Mustard Mayonnaise		V		V			V		V			V		
Mature Cheddar Cheese & Pickle		√					V		√			V	V	√
Cucumber & Pepper Cream Cheese	√	V		√			√							



Room Service Starters & Main Courses

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Ayrshire Potato & Leek Soup	V													$\sqrt{}$
Chicken Liver Parfait		V					V						V	$\sqrt{}$
Scottish Hot Smoked Salmon & Prawn Cocktail	$\sqrt{}$	V	V	√ 	\	√ 	V		V				$\sqrt{}$	V
Buccleuch 28 Day Dry Aged Scotch Rib Eye 8oz	1													
Beer Battered Haddock with Hand Cut Chips	$\sqrt{}$	V		√ 	\		V							V
The Western House Beef Burger	1	V		V		V	V		V	V		V	V	√
Western House "aw' Day Scottish Breakfast"		V		V			√ 			V	V	V	V	V



Western House Hotel Lounge Allergens Chart

The Lounge Menu - Tea, Coffee & Hot Chocolate

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Cappuccino Coffee							1			V				
Latte Coffee							$\sqrt{}$							
Americano Coffee														
Espresso Coffee														
English Breakfast Tea														
Belfast Brew tea														
Darjeeling Tea														
Peppermint Tea														
Earl Grey Tea														
Camomile Tea														
Green Tea														
Lemon & Ginger Tea														
Mocha-cino										$\sqrt{}$				
Hot Chocolate							$\sqrt{}$			V				



Western House Hotel Lounge Menu Allergens Chart

The Lounge Menu - Favourites

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
The Western House Beef Burger	V	V		V		1	V		V	1		V	1	V
Goujons of Sole Fillet with hand Cut Chips	V	√ 		V	V		V							V
Beer Battered Haddock with Hand Cut Chips	√ 	V		1	1		√							V
Three Egg Omelette with Mushroom, Bacon or Cheese with hand Cut Chips				V			1							V
Classic Caesar Salad with or without Chicken	1	√ 	V	1	1		1		√					V
Nicoise with peppered Yellow Fin Tuna	V			V	√		√		V					



Western House Hotel Lounge Menu Allergens Chart

The Lounge Menu - Sandwiches & Hot Snacks

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Oak Smoked Salmon & Prawn Marie Rose		V	V		V		√		V					
Honey Roast Ham & Dijon Mustard Mayonnaise		V		V			V		V			V		
Mature Cheddar & Pickle		√					V		V			V	V	V
Cucumber & Pepper Cream Cheese	V	V		V			V							
Western House Club Sandwich with Chicken, Bacon, Lettuce & Omelette	V	V		V			V		V			V		V
Classic B.L.T. with Crisp Lettuce, Ayrshire Bacon & Coleslaw	V	V		√			√		V			V		V

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Mature Cheddar & Ham Toastie with Coleslaw		V		√			$\sqrt{}$							
Mature Cheddar & Red onion Panini	V	V					√							



Western House Hotel Lounge Allergens Chart

The Lounge Menu - Vegetarian & Sides

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Char Grilled Skewers of Vegetables									V					
Penne Pasta Napoli	V					V			V					
Stuffed Perth Mushrooms		√		V			V							
French Fried Onion Rings		1												
Hand Cut Chips														
Rocket & Parmesan Salad														
Melange of Seasonal Vegetables	1						1							
Buttered Mashed Potatoes	V						V							
Ayrshire Bacon & Pea Croquettes	V	√		V			V							1



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