

ALLERGENS INFORMATION

★ **Western House Hotel**
AT AYR RACECOURSE ★ ★ ★ ★

Jockey Club Restaurant Allergens Chart

Breakfast - To Start

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Corn Flakes		√												
Weetabix		√												
Crunchy Nut Corn Flakes		√								√	√			
Special K		√					√							
Pan Au Chocolate		√					√			√				
Croissant		√					√			√				
Danish Pastry		√					√			√			√	
Porridge/ Scottish Oats		√					√							
Fruit Platter Natural Yoghurt & Berry Puree							√							
Melon Platter Natural Yoghurt & Berry Puree							√							
Continental Meat & Cheese Platter							√							

Jockey Club Restaurant Allergens Chart

Breakfast - To Follow



	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Grilled Scottish Kippers				√	√		√							
Smoked Salmon & Scrambled Eggs				√	√		√							
Eggs Benedict with Ayrshire Bacon		√		√			√							√
Eggs Benedict with Salmon				√	√		√							
Eggs Benedict with Mushroom				√			√							

Jockey Club Restaurant Allergens Chart

Desserts

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Homemade Sticky Toffee Pudding		√		√			√			√		√		√
Vanilla Cheesecake		√		√			√			√				
Perthshire Strawberries & Cream		√					√			√				
Mango & Passionfruit Panna Cotta		√		√			√							√
Western House Baked Alaska		√		√			√			√				
Homemade Cinnamon Doughnuts		√		√			√			√			√	
Trio of Ice Cream							√							
Tiramisu		√		√						√				√
Assiette of Fine Cheeses	√	√					√							√

Jockey Club Restaurant Allergens Chart

Main Course, The Grill & Favourites



	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Pan Fried Tender Loin of Scottish Lamb	√	√		√			√		√				√	√
Roast Breast of Chicken	√	√		√			√		√				√	√
6oz Scotch Beef Fillet	√			√			√							√
Trio of Chicken		√		√				√	√					
West Coast Seafood	√	√		√	√	√	√		√			√		√
Pan Seared Halibut		√		√	√	√	√		√	√				
Pan Fried Duck Breast		√							√					
Venison Olives	√	√		√			√		√			√	√	

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Buckleuch 28 Day Dry Aged Scotch Sirloin 8oz	√													
Free Range Chicken Escalope	√													
The Western House Beef Burger	√	√		√		√	√		√	√		√	√	√
Goujons of Sole Fillet with Hand Cut Chips	√	√		√	√		√							√
Beer Battered Haddock with Hand Cut Chips	√	√		√	√		√							√
Three Egg Omelette				√										
Classic Caesar Salad	√	√	√	√	√		√		√					√
Nicoise with Yellow Fin Tuna	√			√	√		√		√					

Jockey Club Restaurant Allergens Chart

Sauces



	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Peppercorn Sauce							√							
Béarnaise Sauce				√			√							
Hollandaise Sauce				√			√							
Red Wine Jus	√													
Blue Cheese Sauce				√			√							

Jockey Club Restaurant Allergens Chart

Starters

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Sauté Woodland Mushroom with truffle Butter		√					√							
Chicken Liver Parfait with Red Onion Chutney		√					√						√	√
Juniper Slow Roasted Duck	√	√										√		√
Smoked Salmon Croquette	√	√		√	√	√	√		√			√	√	√
Western House Cullen Skink	√	√		√	√	√	√		√				√	√
Cucumber & Mint Cheesecake														
Smoked Salmon & Prawn Cocktail	√	√	√	√	√	√	√		√				√	√

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphyr Dioxide
Vegetable Tempura		√					√							
Chicken Breast Tempura		√					√							
King Prawn Tempura		√	√				√							
Warm Oriental Spiced Chicken		√		√			√		√					√

Jockey Club Restaurant Allergens Chart

Vegetarian & Sides

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Gnocchi	√	√		√			√		√					
Stir Fried Chickpea									√				√	
Roasted Pepper & Cauliflower Couscous	√								√					
Baked Goats Cheese Tart	√	√		√			√		√					√
French Fried Onion Rings		√												
Hand Cut Chips														
Rocket & Parmesan Salad		√					√		√					
Melange of Seasonal Vegetables	√						√							
Buttered Mashed Potatoes	√						√							
Ayrshire Bacon & Pea Croquettes	√	√		√			√							√

Jockey Club Restaurant Allergens Chart

Room Service Desserts

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Homemade Sticky Toffee Pudding		√		√			√			√		√		√
Assiette of Desserts		√		√			√			√	√	√	√	√
Trio of Fine Scottish Cheeses with Chutney & Oatcakes	√	√					√							√

Jockey Club Restaurant Allergens Chart

Room Service Night Time Menu

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Barbeque Pork Ribs	√			√			√		√				√	
Cheeseburger in a Muffin		√		√			√		√				√	√
Thai Curry & Sticky Rice	√			√			√		√	√	√	√	√	√

Jockey Club Restaurant Allergens Chart

Room Service Sandwiches



	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Scottish Smoked Salmon & Prawn Marie Rose		√	√		√		√		√					
Honey Roast Ham & Dijon Mustard Mayonnaise		√		√			√		√			√		
Mature Cheddar Cheese & Pickle		√					√		√			√	√	√
Cucumber & Pepper Cream Cheese	√	√		√			√							

Jockey Club Restaurant Allergens Chart

Room Service Starters & Main Courses



	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Ayrshire Potato & Leek Soup	√													√
Chicken Liver Parfait		√					√						√	√
Scottish Hot Smoked Salmon & Prawn Cocktail	√	√	√	√	√	√	√		√				√	√
Buccleuch 28 Day Dry Aged Scotch Rib Eye 8oz	√													
Beer Battered Haddock with Hand Cut Chips	√	√		√	√		√							√
The Western House Beef Burger	√	√		√		√	√		√	√		√	√	√
Western House "aw' Day Scottish Breakfast"		√		√		√	√			√	√	√	√	√

Western House Hotel Lounge Allergens Chart

The Lounge Menu - Tea, Coffee & Hot Chocolate



	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Cappuccino Coffee							√			√				
Latte Coffee							√							
Americano Coffee														
Espresso Coffee														
English Breakfast Tea														
Belfast Brew tea														
Darjeeling Tea														
Peppermint Tea														
Earl Grey Tea														
Camomile Tea														
Green Tea														
Lemon & Ginger Tea														
Mocha-cino							√			√				
Hot Chocolate							√			√				

Western House Hotel Lounge Menu Allergens Chart



The Lounge Menu - Favourites

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
The Western House Beef Burger	√	√		√		√	√		√	√		√	√	√
Goujons of Sole Fillet with hand Cut Chips	√	√		√	√		√							√
Beer Battered Haddock with Hand Cut Chips	√	√		√	√		√							√
Three Egg Omelette with Mushroom, Bacon or Cheese with hand Cut Chips				√			√							√
Classic Caesar Salad with or without Chicken	√	√	√	√	√		√		√					√
Nicoise with peppered Yellow Fin Tuna	√			√	√		√		√					

Western House Hotel Lounge Menu Allergens Chart

The Lounge Menu - Sandwiches & Hot Snacks



	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Oak Smoked Salmon & Prawn Marie Rose		√	√		√		√		√					
Honey Roast Ham & Dijon Mustard Mayonnaise		√		√			√		√			√		
Mature Cheddar & Pickle		√					√		√			√	√	√
Cucumber & Pepper Cream Cheese	√	√		√			√							
Western House Club Sandwich with Chicken, Bacon, Lettuce & Omelette	√	√		√			√		√			√		√
Classic B.L.T. with Crisp Lettuce, Ayrshire Bacon & Coleslaw	√	√		√			√		√			√		√

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Mature Cheddar & Ham Toastie with Coleslaw		√		√			√							
Mature Cheddar & Red onion Panini	√	√					√							

Western House Hotel Lounge Allergens Chart

The Lounge Menu - Vegetarian & Sides

	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Char Grilled Skewers of Vegetables									√					
Penne Pasta Napoli	√	√		√		√	√		√					
Stuffed Perth Mushrooms		√		√			√							
French Fried Onion Rings		√												
Hand Cut Chips														
Rocket & Parmesan Salad		√					√		√					
Melange of Seasonal Vegetables	√						√							
Buttered Mashed Potatoes	√						√							
Ayrshire Bacon & Pea Croquettes	√	√		√			√							√

 **Western House Hotel**
AT AYR RACECOURSE ★ ★ ★ ★

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